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Based on the sailing program of the U.S. Naval Academy, offers detailed instructions for all levels of experience on developing and maintaining effective sailing skills, in an edition that includes updates on equipment and safety. "I know you'll want to read more after you finish Sailing a Serious Ocean. And be warned, you'll very likely want to sail with John, perhaps across an ocean." -- DALLAS MURPHY, AUTHOR OF ROUNDING THE HORN After sailing 300,000 miles and weathering dozens of storms in all the world's oceans, John Kretschmer has plenty of stories and advice to share. John's offshore training passages sell out a year in advance and his entertaining presentations are popular at boat shows and yacht clubs all over the English speaking world. John's talent for storytelling enchants his audience as it soaks up the lessons he learned during his oftenchallenging voyages. Now you can take a seat next to John--at a lesser cost--and get the knowledge you need to fulfill your own dream of blue-water adventure. In Sailing a Serious Ocean, John tells you what to expect when sailing the oceans and shows how to sail safely across them. His tales of storm encounters and other examples of extreme seamanship will help you prepare for your journey and give you confidence to handle any situation—even heavy weather. Through his personal stories, John will guide you through the whole process of choosing the right boat, outfitting with the right gear, planning your route, navigating the ocean, and understanding the nuances of life at sea. Our oceans are beautiful yet unpredictable—water that is at one moment a natural mirror for the glowing sun can turn into a foamy, raging wall of fury. John knows our oceans, and he is one of the best teachers of taming and enjoying them. Before you set off across the big blue, turn to John for his inspirational stories and hard-learned advice and discover the serious sailor in you. In

the tradition of *Into Thin Air* and *The Perfect Storm*, comes a breathtaking oceanic adventure about an obsessive desire to test the limits of human endurance. In 1968 nine sailors set off on the most daring race ever held and never before completed: to single-handedly circumnavigate the globe nonstop. Ten months later, only one of the nine men would cross the finish line and earn fame, wealth, and glory. For the others, the reward was madness, failure, and death. Gorgeously written and meticulously researched by author Peter Nichols, this extraordinary book chronicles the contest of the individual against the sea, waged at a time before cell phones, satellite dishes, and electronic positioning systems. *A Voyage for Madmen* is a tale of sailors driven by their own dreams and demons, of horrific storms, and of those riveting moments when a decision means the difference between life and death. "Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover." --Mark Twain

It's telling that Mark Twain chose sailing as a metaphor for living life to the fullest. Throughout history, humankind has been going to sea in boats and ships—for the purposes of trade, exploration, transport, fishing, and pure enjoyment. *The Little Red Book of Sailing Wisdom* contains some of the most moving, perceptive, witty, and inspirational words ever spoken or written about the sea-faring life. Novelists, politicians, explorers, playwrights, poets, musicians, and celebrities weigh in on life upon the water, under sail. These are just some of the folks whose words appear in these pages:

- Daniel Defoe
- Ted Kennedy
- Charles Dickens
- Franklin Roosevelt
- Herman Melville
- Dennis Connor
- Patrick O'Brian
- Larry Ellison
- Eugene O'Neill
- Thor Heyerdahl
- Jack London
- Isak Dinesen
- William F. Buckley

•And dozens of others! Skyhorse Publishing, as well as our Sports Publishing imprint, is proud to publish a broad range of books for readers interested in sports—books about baseball, pro football, college football, pro and college basketball, hockey, or soccer, we have a book about your sport or your team. In addition to books on popular team sports, we also publish books for a wide variety of athletes and sports enthusiasts, including books on running, cycling, horseback riding, swimming, tennis, martial arts, golf, camping, hiking, aviation, boating, and so much more. While not every title we publish becomes a *New York Times* bestseller or a national

bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home. An enthralling memoir of a mad and dangerous attempt by three men, to deliver a small yacht across 3,800 miles of ocean from Tortola in the Caribbean, across the Atlantic and through the Mediterranean to Corfu. Kezia, a 35' yacht, is barely seaworthy and in such poor condition, that it is towed into nearly every port that it tries to call into, from the Azores in the North Atlantic, to Corfu in Greece. This is the real-life story of a novice sailor, enduring sunstroke, near drowning, exhaustion, a fire on-board and starvation when the supplies run out. This is punctuated by bouts of hilarity and bizarre incidents, such as playing cards whilst a hurricane rages around the boat, being buzzed by a very low-flying RAF jet and a one-man mutiny by the skipper. Most importantly, it is a tale of the companionship of three men facing a deadly challenge. This Funny grandpa tee is to describe your best grandpa and father who loves sailing. A sailor loves this funny gift about sailing with a sailing boat on a rough ocean. journal white paper 120 pages matte cover soft cover (paperback) ...a sometimes witty, sometimes instructive, sometimes despairing, always passionate rave—Sailing With Purpose is a one of a kind book. An ideal sort of book to present any man struggling with the meaning of life, whether young or old, this book describes the life of man, its purpose, and its end in a manner like no other. An ideal book for any father to give any son, or any son to give any father—whether they sail or not—Sailing with Purpose is the sort of book that may very well, in spite of itself, change a man's life... Legendary sailor Captain J. C. Voss meets a mysterious man in his hotel in Victoria, British Columbia in 1897. The mystery man says he knows where tons of gold and jewels are buried on the remote Cocos Island. Voss takes a 35-foot sailing sloop seven thousand miles through gales in search of the pirate Treasure of Lima worth seven million pounds sterling in 1897 or over \$200 million today. *This is an edited, abridged, and annotated version of the first section of the Venturesome Voyages of Captain Voss concerning the voyage of the XORA sloop. This is the only part of that work focused on treasure hunting.*In the 2018 edition, the text is extensively edited as the first edition from 1913 had many run-on sentences and poor subject and verb agreement.*A biography of the great mariner Captain J.C. Voss is written by

the editor.*Frequent footnotes and an editor's note put the text in historic context.*This is an abridged version of the VENTURESOME VOYAGES OF CAPTAIN VOSS. This abridged version focuses exclusively on the cruise of the sailboat XORA and treasure hunting aboard it. Most of the VENTURESOME VOYAGES OF CAPTAIN VOSS is about the voyage of the sailing canoe named TILIKUM. Below are some selections from the book: "My seafaring life commenced in the year 1877, when I was quite a young man. Up to the time that I sailed in the Xora, it was spent in large sailing vessels. During this period, I have filled all sorts of positions from deck boy up to master. Throughout all those years, I would certainly not have believed that a vessel so small as the Xora could live through a heavy gale at sea. Naturally enough, I should not have thought of attempting a long sea voyage in any small craft if it not been for a gentleman, whose name was George Haffner, an American citizen. In the summer of 1897, when I was sitting comfortably in an easy chair in the Queen's Hotel, Victoria, British Columbia, a gentleman stepped up to me, saying, "Are you Captain Voss?" I replied in the affirmative. He then introduced himself as Mr. Haffner, handing me at the same time a letter, saying that it was from an old friend of mine, whose death had taken place at sea just fourteen days previously, and with whom he had stayed during his last moments." "...The bearer of this note is Mr. George Haffner, who knows the position where the great treasure lies on Cocos Island. Believe in him, and he will make you a rich man. Excuse my short note, because I am very weak. Kindly remember me to all my old friends and believe me. Your dying friend, JIM DEMPSTER" Captain Voss is one of the early pioneers of long-distance sailboat cruising. He is the first major author in the genre of the sailing narrative write about his travels under sail after Captain Joshua Slocum. He is more famous for his 40,000-mile voyage in a sailing canoe named TILIKUM, but this treasure hunting adventure under sail is a book that will delight all readers. Oxriver Publishing produces titles of interest to sailboat cruising enthusiasts. This is an annotated and modernized version of Captain Voss' classic account in the VENTURESOME VOYAGES OF CAPTAIN VOSS, which includes an editor's note and biography of John C. Voss by Dr. Linus Wilson. The editor is the creator of the Slow Boat Sailing YouTube Channel and Podcast as well as the author of several sailing books. By the time the U.S. Women's Challenge had completed the first leg

of the 1993-94 Whitbread Round-the-World Race, the crew was riven by dissent, financial problems, and personal conflicts. Only a new captain could save the all-women's team from mutiny and lead them to a successful finish. When Dawn Riley received an unexpected phone call from Uruguay asking her to take on the assignment, she was not eager to step into the midst of a fractured crew-and yet she knew she needed to keep this boat in the race. She packed up her life and flew south. After four days of hasty boat preparation and group training, the women set out from sunny Punta del Este, unprepared for the perils of the treacherous Southern Ocean. In their streamlined, stripped-down vessel, the crew faced near-hurricane winds, numbing temperatures, and jagged icebergs. Eating freeze-dried food and working in four-hour watches, they braved the forces of nature in the face of physical injury, dwindling supplies, equipment failure, and overall exhaustion. In the midst of it all, bitter resentment was brewing among the original crew members while the controversy over Riley's takeover made headlines on land. As the boat sailed on to complete the arduous six-leg race, this female crew and their boat-renamed Heineken for its new sponsor-circumnavigated the globe. But these women traveled much farther than the race's 32,000 miles: with each leg and each new test, this crew learned to rally under their captain's leadership when their very survival was at stake. In recounting how she took responsibility for the lives of eleven other women, Riley tells an extraordinary story of self-discovery within the gripping context of the world's most demanding sailboat race. A modern, objective appraisal of the development of seamanship among the major navies of the world from the 17th to the 19th century.

Welcome to a whimsical new series! Joy Sikorski (How to Draw a Radish) has created a playful tale that makes learning to draw fun and fear-free. Children join an adventurous tomcat named Little Man on a lively journey, discovering easy ways to capture what they see--including a reflection in a puddle, made from squiggly lines, and a hungry goat, friendly dog, and pigs wallowing in mud. By the end, kids will have successfully illustrated more than 100 things! Originally published London 1931, this is a well illustrated book that will prove invaluable to the class of yachtsmen for whom it is intended, with much information that will still be found practical and relevant to the modern reader. Contents include: The Selection of a Boat; The Effect of the Wind on a Boat; Splices, Knots, and Tackles;

The Small Open Sailing Boat; Open Sailing Boats with Boom-Sails, and Half Decked Boat; Decked Boats; Seamanship; Open Boat Sailing; The Cruising Yacht; The Art of Coasting; Description of a Voyage; Regulations Affecting Yachtsmen; Two Cruises on Lateen-Rigged Craft; Etc. Many of these earliest books, particularly those dating back to the 1900s and before, are now extremely scarce and increasingly expensive. We are republishing these classic works in affordable, high quality, modern editions, using the original text and artwork. Henderson gives a complete history of bluewater solo sailing. He describes the gear, boats, rigs, and techniques that have worked, with emphasis on recent technology developments. He also tells the stories of those crazy, fascinating sailors who have shown us the way. "It takes thousands of hours of sailing to get the kind of knowledge contained in this book." -- from the Foreword by Bruce Schwab

The ONLY bible for how to sail your boat fast, safe, and alone

Solo sailing is within any sailor's grasp with a little forethought--and this essential guide. Got a 35-foot sailboat? No problem. Is the wind blowing 20 knots? No problem. Are you racing offshore overnight? Even better. Singlehander Andrew Evans learned the hard way how to sail and race alone--with lots of mishaps, including broaches and a near tumbling over a waterfall--and in Singlehanded Sailing he shares the techniques, tips, and tactics he has developed to make his solo sailing adventures safe and enriching. Learn everything you need to know to meet any solo challenge, including: Managing the power consumption aboard a boat to feed the electric autopilot Setting and gybing a spinnaker Finding time to sleep Dealing with heavy weather

A lavish, full-color chronicle of the most grueling single-handed yacht races in the world Ever since Joshua Slocum circumnavigated the globe in 1895-98, sailors have dreamed of taking to the high seas alone. Many have devoted their lives to the dream; some have given their lives. With gorgeous, full-color photography and dramatic prose, Sailing Solo pays homage to the world's greatest sailors as it explores every major single-handed race, from the pioneering Ostar to the grueling Figaro, to the ultimate of all solo competitions, the Vendee Globe, in which sailors surf down 40-foot waves at speeds in excess of 20 knots, thousands of miles from any help. Single-handed racing has never been more popular. As many as 200,000 people braved winter weather to witness Ellen Macarthur's completion of the Vendee Globe in 2001. The author, a veteran

single hander, traces the history of each race, introducing the skippers and the incredible boats they fly solo--offering readers a unique and awe inspiring glimpse into what makes sailors tackle that ultimate of all challenges: sailing alone. In 1965, 16-year-old Robin Lee Graham began a solo around-the-world voyage from San Pedro, California, in a 24-foot sloop. Five years and 33,000 miles later, he returned to home port with a wife and daughter and enough extraordinary experiences to fill this bestselling book, *Dove*. In May 1946 John Caldwell set out to sail from Panama to Sydney to reunite with his wife who he hadn't seen for more than a year. Eager to reach his destination and unable to secure any other form of transport, he had to resort to singlehanded seamanship. After an ignominious scene in the harbor, where a tangled anchor led him to take an early dip, he spent ten days learning the rudiments of navigation and sailing from a book, before embarking on the 9,000 mile journey aboard the 20-foot *Pagan*. Ahead lay a mission that was to reveal in him elements not only of astounding courage and determination, but also of incredible foolhardiness. Within 500 miles of Panama John Caldwell had already been shipwrecked once and had his boat's engine and cockpit destroyed by an angry shark. Indefatigable, he decided to press on towards his goal. He endured the terrors and discomforts of life on the high seas and enjoyed the triumphs of fighting and winning against the elements. This is more than an exciting tale of sea-adventure. It is as compelling and unpredictable as a thriller. It is the story, witty and moving, of a man, motivated initially by love, and ultimately by his own fierce determination to survive. An estimated 4.1 million people in the United States participate in recreational sailing. Yet the large library of sailing literature leaves many of them high and dry. On one side are technical guides for America's Cup boat-builders; on the other, simplistic books for weekend sailors with little interest in science. In *Float Your Boat!* professional and amateur boaters alike will find intelligent and understandable answers to such questions as: What were the key innovations that made sailboats more efficient? How do you increase the speed of a boat? How do sailboats travel into the wind? Why are so many explanations of sailing so wrong? Sailing enthusiast and physicist Mark Denny first traces the evolution of the sailing craft, from prehistoric coracles made of animal skins and antlers to the sailboat's reinvention as a pleasure craft during the Industrial

Revolution. He then identifies specific sailing phenomena—how wind drives modern Bermuda sloops, how torque determines stability, why hull speed exists—and provides the key physics principles behind them. Whether you are an inquisitive landlubber who has never set foot in a boat, a casual weekend sailor, or an old salt who lives for the sea, *Float Your Boat!* is an accessible guide to the physics of sailing. "Doris Colgate knows what women want. Well-known as a sailing role model and a confident yet gentle teacher, she writes with clarity on even the most complex sailing concepts, as well as answering often-asked questions on the safety, comfort, and social sides of sailing. *Sailing: A Woman's Guide* pulls it all together for the beginning sailor. Finally, an excellent book for women that both teaches and motivates. Bravo, Doris. You've opened up the sport." --Bernadette Peters, editorial director, *Cruising World*

"It took a person with her fingers on the pulse of women aspiring to sail to write this book, and that person is clearly Doris Colgate. *Sailing: A Woman's Guide* is as much a source book as empowerment to women the world over desiring to become sailors." --Micca Leffingwell Hutchins, editor of *SailNet*

"An excellent introduction to the sport of sailing. It will undoubtedly encourage many women to try this challenging, noncontact activity while enjoying the great outdoors."--Betsy Alison, Four-time Rolex Yachtswoman of the Year

"This new series is designed to teach outdoor skills to women in the way they learn. . . . Women of all ages describe how they overcame obstacles, what they enjoyed most, or just how they felt about undertaking a new activity . . . extremely well done and appealing." --Library Journal (starred review)

Are you looking for a great gift for your friend who is sailing a lot? This is an empty sailboat boating notebook or journal to write in with blank pages. Makes a great gift for every sailor, captain, yacht and yachting lover. Use it as a log book, diary or even as a daybook to take notes whenever necessary. Details: - Blank Pages - 110 pages - 6 inches x 9 inches - Matte cover - White paper

Outbound is the story of two voyages: an Atlantic crossing in the 33-foot cutter *Clarity*, bound for Scotland; and the hard voyage of self-discovery that finally brought Bill Storandt to his life partner. Storandt's account of the adventure he had carefully planned with longtime partner Brian Forsyth and their friend Bob soon turns into a white-knuckled sailing tale, as they encounter a fierce storm four hundred miles from the Irish

coast that tests their courage and all their sailing skills. The sea story, vividly evoking life in a small boat on a big ocean, is interwoven with Storandt's flashbacks to his earlier life. Outbound delivers its share of excitement, but it's also a moving reflection on how circuitous our paths can be, even when the destination is clear and beckoning. The Oldest Singlehander in the World! At the advanced ages of 78 and 89, Harry L. Heckel, Jr., fulfilled a dream: he sailed alone around the world, not once, but twice! This Old Man of the Sea goes global, describing with a dry wit and a keen eye, the 54 countries and islands he visited, plus the sail to get there. Armchair travelers and sailors alike will be enthralled by the adventures of this Ancient Mariner: from the Killing Fields of Cambodia to the Great Wall of China, from avoiding pirates off Somalia to almost capsizing off Madagascar. An inspiring tale that proves that age is no deterrent to fulfilling your dream! Praise for Harry Heckel: He was very much admired and respected as the oldest, most experienced and wisest of yachties....he is our treasure. Rose Selfridge, s/v Fair Rose We enjoyed Harry's wit, his incredible knowledge of so many subjects, and particularly his vitality. Betty Root, s/v Wrangler He's one in a million. Kirk McGeorge, s/v Polly Brooks He has seen, heard, and done so much, and has touched many people's hearts... Cindy Stew He is truly a beacon for so many of us on how NOT to get old and boring. Maryan Koehler, author, "The Stone Goat" Boatbuilder, sailor, and teacher Simon Watts divides his time between San Francisco, and the family summer home on Middle Island, near Lunenburg, Nova Scotia. "The moment you think you see where Sailing Away is going to take you, I promise: you don't. These deft, sometimes daft, consistently darksome stories are as impossible to outguess and bewilderingly interesting to ride as the postmodern Pacific that inspires them."--David James Duncan

The tall ship Sofia sank off New Zealand's North Island in February 1982, stranding its crew on disabled life rafts for five days. They struggled to survive as any realistic hope of rescue dwindled. Just a few years earlier, Pamela Sisman Bitterman was a naïve swabbie looking for adventure, signing on with a sailing co-operative taking this sixty-year-old, 123-foot, three-masted gaff-topsail schooner around the globe. The aged Baltic trader had been rescued from a wooden boat graveyard in Sweden and reincarnated as a floating commune in the 1960s. By the time Sofia went down, Bitterman had become an

able seaman, promoted first to bos'un and then acting first mate, immersing herself in this life of a tall ship sailor, world traveler, and survivor. At the age of 57, Australian Peter Keating set out to sail, single-handed, across the Atlantic. This is his account, yet it is also the journey of each one of us, should we decide to peer over the horizon and strike out from safe harbours. Are you a sailor looking for a notebook? If so, show everyone your passion for sailing with this journal. This funny sailor evolution design shows the evolution of man to sailors. The sailing boat has two sails, a flag and two skippers. It makes the perfect gift for sailors, sailing lovers and skippers! Sailors and skippers have always known it: They are the most advanced stage of human evolution. Great present for sailing lovers. Are you a sailor looking for a notebook? If so, show everyone your passion for sailing with this journal. This funny sailor evolution design shows the evolution of man to sailors. The sailing boat has two sails, a flag and two skippers. It makes the perfect gift for sailors, sailing lovers and skippers! Sailors and skippers have always known it: They are the most advanced stage of human evolution. Great present for sailing lovers. This antiquarian book contains a comprehensive and novice-friendly guide to sailing. Including all the information a beginner needs to know, this accessible and profusely illustrated guide constitutes the ideal introductory book. Although old, the information contained within this volume is timeless, and would be of considerable utility to the modern enthusiast. Chapters include: "Is It Expensive?", "Old Boats and New", "Beginning to Sail", "Engines", "Rigs", "Cruising: Gear", "Cruising: Buoys and Charts", "Cruising: Coastal Navigation", "Some Miscellaneous Tips", "Maintenance", "Flags and Rule of the Road"... and more. This vintage book is being republished now in an affordable, modern edition - complete with a specially commissioned new introduction on sailing. Numerous successful reprints of contemporary works on rigging and seamanship indicate the breadth of interest in the lost art of handling square-rigged ships. Modelmakers, marine painters and enthusiasts need to know not only how the ships were rigged but how much sail was set in each condition of wind and sea, how the various manoeuvres were carried out, and the intricacies of operations like reefing sails or 'catting' an anchor. Contemporary treatises such as Brady's Kedge Anchor in the USA or Darcy Lever's Sheet Anchor in

Britain tell only half the story, for they were training manuals intended to be used at sea in conjunction with practical experiences and often only cover officially-condoned practices. This book, on the other hand, is a modern, objective appraisal of the evidence, concerned with the actualities as much as the theory. The author's facility in a remarkable range of languages has allowed him to study virtually every manual published over a period of nearly four centuries. This gives the book a completely international balance and allows the author to describe for the first time the proper historical development of seamanship among the major navies of the world. At five out of the last six Olympic Games team GBR has been the top nation in sailing, a result of strong leadership from the Royal Yachting Association and very talented sailors and coaches. But Barry Pickthall, formerly the Yachting Correspondent of The Times observes: "If one man deserves recognition for Britain's remarkable success within the sailing Olympic arena, it is Jim Saltonstall – the coach who has cajoled, encouraged and inspired so many youngsters towards world stardom over the past 3 decades." This is the story of Jim Saltonstall and his contribution to the success of British sailing. It starts in his home county of Yorkshire and the seaside town of Bridlington where he learnt to sail. It goes through his experiences in the Royal Navy, which he joined aged 15, with tours all around the world but, particularly, sailing with the Royal Navy team and becoming the Royal Navy Sailing Coach. This led to his appointment as the first RYA National Yacht Racing Coach, the development of the GBR Race Training Scheme and, in due course, great success at youth, world and Olympic levels. The 31 Olympic medals won by the 19 sailors who give glowing praise to Jim in the Foreword confirms his contribution to this success. Jim retired from his Team GBR role in 2000, after the Sydney Olympics, but it is a testimony to him that two of the gold medallists from Tokyo 2020 (which took place in 2021 – in elite sports a lifetime since Jim retired) credit him in their success, saying he was a 'huge inspiration' and they 'couldn't help be motivated' by him. On top of twice winning the Yachting Journalists' Association Yachtsman of the Year Award (1984 and 1995), Jim was awarded the Lifetime Achievement Award at the 2022 British Yachting Awards. The story is told as modestly as a Yorkshireman can, and is interspaced with tales of cars, car journeys and one or two parties! Jim also takes time out of the

story to give his thoughts on all aspects of youth training, competing internationally and coaching. Anyone involved in race training will benefit from the wisdom he provides in these pieces. Achieving dreams is not easy. We are never ready for the unseen tasks and surprises coming in the ways we planned, are we? In the big chase of dreams, there will be a lot of struggles hitting across out of nowhere. From the time a dream roots in your mind to the winning flag of that dream – all that sail builds a strong character within you which actually makes you a successful person. Well, the journey to the top is never easy and also never impossible if you have an idea of how it will be and how to handle those challenging situations. The game begins with seeing this world beyond the illusions. If you are up for building something big personally or professionally, then you are at the right place. Explore the psychological views, real success and failure journeys and various important concepts and topics that share wisdom through this book which showcases the absolute paths of success. Happy reading. Sailing is a wonderful sport, it takes place in the open air, on the water and is powered by something that's free and eco-friendly – the wind! It is a sport for life: captivating children and giving them a sense of responsibility as they skipper their own boat and continuing to give pleasure well beyond retirement, whether it be competing against others or taking it more gently. Using this book you can get afloat, learn to sail and start having fun using the step-by-step advice, photo sequences and diagrams. This jargon-free guide allows complete novices to get out on the water with the minimum of fuss. One- and two-person dinghies are covered, along with rigging, knots, safety, handling and much more. Originally published as 'Learn to Sail', it now forms part of Fernhurst Books' series of Beginner's Guides covering surfing, SUP and inflatable kayaking. It can be used on its own or as a compliment to traditional sailing courses run by sailing schools everywhere and is aligned very closely to standard teaching qualifications. It is also linked to many YouTube videos so you get a real flavour and feel for the sport of sailing. Quickly and easily master the sailing fundamentals you'll need to get out on the water. The sun was setting and the only place to anchor was at the entrance to a small stream. With anchor down, we jumped into a dinghy to explore the dense jungle the stream penetrated. After a hundred yards or so, we stopped the outboard. Now the fauna slowly recovered from our racket and

jungle noises began: bugs, birds, and mystery sounds. We saw colorful parrots and then-by the hundreds-the brilliant scarlet ibis. Then monkeys! Totally quiet, they watched us intently, warily, irritated by our encroachment into their world. This volume reveals the wisdom we can learn from sailing, a sport that pits human skills against the elements, tests the mettle and is a rich source of valuable lessons in life. Unravels the philosophical mysteries behind one of the oldest organized human activities Features contributions from philosophers and academics as well as from sailors themselves Enriches appreciation of the sport by probing its meaning and value Brings to life the many applications of philosophy to sailing and the profound lessons it can teach us A thought-provoking read for sailors and philosophers alike The classic travel narrative of a Don Quixote-of-the-seas – the first man to circumnavigate the world singlehandedly. Joshua Slocum's autobiographical account of his solo trip around the world is one of the most remarkable – and entertaining – travel narratives of all time. Setting off alone from Boston aboard the thirty-six-foot wooden sloop *Spray* in April 1895, Captain Slocum went on to join the ranks of the world's great circumnavigators – Magellan, Drake, and Cook. But by circling the globe without crew or consorts, Slocum would outdo them all: his three-year solo voyage of more than 46,000 miles remains unmatched in maritime history for its courage, skill, and determination. *Sailing Alone around the World* recounts Slocum's wonderful adventures: hair-raising encounters with pirates off Gibraltar and savage Indians in Tierra del Fuego; raging tempests and treacherous coral reefs; flying fish for breakfast in the Pacific; and a hilarious visit with fellow explorer Henry Stanley in South Africa. A century later, Slocum's incomparable book endures as one of the greatest narratives of adventure ever written. For more than seventy years, Penguin has been the leading publisher of classic literature in the English-speaking world. With more than 1,700 titles, Penguin Classics represents a global bookshelf of the best works throughout history and across genres and disciplines. Readers trust the series to provide authoritative texts enhanced by introductions and notes by distinguished scholars and contemporary authors, as well as up-to-date translations by award-winning translators. Are you looking for a great gift for your friend who is sailing a lot? This is an empty sailboat boating notebook or journal to write

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